

## Pravo Trakijsko Horo - Bulgaria

"Pravo Horo" (straight dance) is from the Trakija region of Bulgaria and is the most widespread and most popular folk dance throughout all of Bulgaria. Every region and every village has its own version reflecting the typical local style and characteristics. A North Bulgarian "Pravo" (Dunavsko Horo or Svistovsko Horo) is different from the "Pravo Trakijsko" or the Pravo type (Opas) which is done in Dobrud~a. Still they are based on the same three measure basic pattern consisting of two small steps (quick-quick) followed by two bigger ones (slow-slow). Beyond the typical local variations one can find this typical Pravo character. Similar dances are also done in other Balkan countries, like the "Hora" in Roumania and the "Hasapikos" in Greece. Due to migrations, travelling musicians that are hired for local festivals and weddings caused the "Pravo Trakijsko Horo" to gain great popularity also outside the Trakija region. It is done at weddings and festivals all over the country and seemed to be adopted as the national "Pravo-Horo."

Formation: Open or half circle. Hands joined in W.

Style: Slight knee bend ppos, dancing on the whole ft. After starting with the slow basic step fwd and bkwd, the music becomes livelier and faster.

Introduction: 12 measures

### Meas **Figure 1 "Trakijka"**

- 1 Facing and moving diag R fwd, step R, L, (cts 1,2).
- 2 Step on R ft with knee bending (ct 1); bounce on R ft and lift L off the floor (ct 2)
- 3 Step on L ft with knee bending (ct 1); bounce on L ft and lift R off the floor (ct 2)
- 4-6 Repeat meas 1-3 turning to face diag L and moving diag R bkwd.
- 7-24 Repeat meas 1-6 three more times.

### Meas **Figure 2 "Prisitvane"**

- 1 Facing and moving diag R fwd, step R, L (cts 1,2)
- 2 Step R, L, R (cts 1,&,2)
- 3 Step L, R, L (cts 1,&,2)
- 4-6 Repeat meas 1-3 turning to face diag L and moving diag R bkwd.
- 7-24 Repeat meas 1-6 three more times.

### Meas **Figure 3**

- 1 Facing ctr, moving sdwd R, step on R ft (ct 1); step on L ft behind R (ct 2)
- 2 Three small steps on the whole ft in place R, L, R (cts 1,&,2)
- 3 Repeat meas 2 with opp ftwk
- 4-24 Repeat meas 1-3 seven more times.

Optional hand movement for the last 4 repeats of Part 3:

Swing arms down on ct 1 of meas 1; move arms up to W for meas 2 and 3

### **Dance Sequence:**

Fig. 1, Fig. 2, Fig. 1, Fig. 2, Fig. 3

Repeat the above one time.

End on meas 24 of Figure 3: Step L, stamp R, and exclaim "Hee-Haw"