

Kapura

(Slovakia)

Kapura (“KAH-pu-ra”) is a Slovakian-style dance I learned from Jim Gold. “Kapura” means “threshold” in East Slovakian dialect and shares the same root word with the word “Prague.”

Music: “A Od Presova” with Hanka Servicka. 4/4 meter.

Formation: Individuals in open circle. R hand raised. L hand on waist.

MEASURES 4/4 PATTERN

1-4 Introduction

FIGURE 1 (slow)

Part 1 - double czardas

- 1 Facing ctr and moving to the R: Step on R to R (1), step on L ft next to R (2), step on R ft to R (3), touch L ft next to R, without taking wt on L ft (4).
- 2 Repeat meas 1 w opp dir and ftwk.
- 3-8 Repeat meas 1 and 2 three more times (4 “double czardas steps,” both to R and L, in all).

Part 2 - show the boot, slap the boot

- 1 Facing ctr and moving twd ctr: Step fwd on R ft (1), step fwd on L ft (2), step fwd on R ft (3), raise L knee in front (4)
- 2 Repeat meas 1 with opp ftwk, moving bkws away from ctr.
- 3-4 Repeat meas 1 and 2.
- 5-6 Repeat meas 1 and 2, but slap L boot with R hand on meas 5, ct 4 and slap R boot with R hand on meas 6, ct 4.
- 7 Facing ctr and dancing in place: Step on R ft (1), raise L leg in front and slap boot with R hand (2), step on L ft in place (3), raise R leg in front and slap boot with R hand (4).
- 8 Continuing to face ctr and dance in place: Step on R ft in place, clapping hands (1), raise L ft crossed behind R leg and slap L ft with R hand (2), stomp on L ft next to R (3). Hold (4).

Part 3 - up Rida

- 1 Take low handhold (“V”) and, facing diag R and moving to the R (LOD): Step on ball of R ft to R (1), step on L ft crossed in front of R, bending knees slightly (2), step on ball of R ft to R (3), step on L ft crossed in front of R, bending knees slightly (4).
These are 2 “up Rida” steps .
- 2-3 Repeat meas 1 two more times.
- 4 Step on ball of R ft to R (1), step on L ft crossed in front of R, bending knees slightly (2), step on R ft to R (3), stamp on L ft next to R, w/o taking wt on L ft but bending knees slightly (4). *(Meas 17-20 constitute 7 complete “up Rida” steps, plus a transition on the “incomplete” 8th “Rida” step.)*
- 5-7 Repeat meas 1-3 with opp dir and ftwk.
- 8 Step on L ft to L (1), step on R ft next to L (2), step on L ft in place next to R ft (3), hold (4)

Repeat Figure 1.

FIGURE 2 (fast or “Friss”)

Part 1 - double czardas

1-4 Repeat Figure 1, part 1, meas 1-4.

Part 2 - slap the boot

1-4 Repeat Figure 1, part 2, meas 5-8.

Part 3 - up Rida

1-8 Repeat Figure 1, part 3, meas 1-8 (“up Rida” steps to the R and L)

Part 4 - airplane

1-3 Repeat Figure 1, part 1, meas 1-3.

4 Step on L ft to L (1), step on R ft next to L (2), step (stomp) on L ft to L (3) while lifting R ft up (knee fwd, R ft near L ankle), hold (4)

5 Stretching out both arms with R arm down to the side, palm up and L arm up above head, palm facing in (like an airplane wings), leaning fwd and to the R, turn one complete CCW circle: Step on R heel fwd (1), turning a ¼ turn to the L, step on L ft in place (“pivot” on L ft), bending knee slightly (2), step on R heel fwd (3), turning a ¼ turn to the L, step on L ft in place (“pivot” on L ft), bending knee slightly (4).

6 Continuing to pivot to complete CCW turn: Repeat meas 5 cts 1-2, turning a ¼ turn to the L (now facing center), stamp R ft next to L ft, bring R arm to horizontal chest level, close fingers to make a fist with knuckles facing out (3), hold (4)

7 Repeat Figure 1, part 1, meas 1.

8 Facing ctr, step on L to L (1) with heels out (L and R toes pointing inward), hold (2), bring ft sharply together (3). Hold (4).

Repeat Figure 2 two more times.

Dance notes copyrighted by Lee Otterholt.

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