Hora lui Colea<br>From Dobrogea, Romania<br>Presented by Sonia Dion and Cristian Florescu

Formation: open mixed circle
Position: hands joined up in W pos
Pronunciation: HOH -rah loo-ee $\mathrm{KOH}-l$ lehah
Music: Sonia Dion \& Cristian Florescu Romanian Realm Vol. 9, band 13

Meter: 7/16

1-8 No action
Figure 1: Plimbarea (means «Promenade»)
(Facing slightly LOD and moving LOD)
$1 \quad 1-2 \quad$ Step on R
3-4 Step on L near R
5-6-7 Step on R
$2 \quad 1-2 \quad$ Step on L
3-4 Step on R near L
5-6-7 Step on L
$3 \quad 1-4 \quad$ Turn facing centre and large step swd on R
5-7 Cross L behind R

Note: During measure 3, swing arms down

4 | $1-4$ | Step swd on R |
| :--- | :--- | :--- |
| $5-7$ | Step on $L$ across in front of $R$ |

Note: During measure 4, swing arms up in W pos
5-8 Repeat measures 1-4
Figure 2: Șchioapa (means «Limping »)
(Facing and moving slightly diag. to the right)
$1 \quad 1-2 \quad$ Step on $R$ twd center
3-4 Step on L near R
5-6-7 Step on R

Meas. Count Figure 2 (continued)
$2 \quad 1-2 \quad$ Step on $L$ twd centre
3-4 Step on R near L
5-6-7 Step on L slightly diag. to the left
Note: on measures 1-2, make a gradual curve from the right to the left.

3 \begin{tabular}{ll}

$1-4$ \& | Step on $R$ across in front of $L$ while swinging arms down until in back |
| :--- |
| Step swd on $L$ bending $L$ knee and raising slightly $R$ ft in front |
| (R knee slightly bent) while swinging arms (straight) in front (hips level) |

\end{tabular}

Note: You may shout: Una (means «one») on cts 1-4.
$4 \quad$ Repeat measure 3 (starting Rft )
Note: You may shout: Două (means «two ») on cts 1-4
$5 \quad 1-2 \quad$ Step bkwd on R while swinging arms up in W position
3-4 Step on L near R
5-6-7 $\quad$ Step bkwd on $R$
6 Repeat measure $\mathbf{5}$ with opp ftwk (starting step bkwd on L), keeping arms up in W pos.
$7 \quad 1-2 \quad$ Lift on $L$ heel while raising $\mathrm{R} f$ in front, making reverse bicycle (bent knee $45^{\circ}$ )
3-4 Touch (stamp) with R heel (no wt) near L
5-6-7 Step on R in place
$8 \quad 1-4 \quad$ Step on $L$ in place
5-7 Step on R in place
9-10 Repeat measures 1-2 with opp ftwk and direction (starting L ft ) and make a gradual curve from left to the right.

11-12 Repeat measures 3-4 with opp ftwk and direction (starting $L$ across in front of $R$ )
Note: May shout: Una, Două, on cts 1-4 of each measure.

13 \begin{tabular}{ll}

$1-4$ \& | Step on $L$ across in front of $R$ while swinging arms down until in back |
| :--- |
| Step swd on $R$ bending $R$ knee and raising slightly $L$ ft in front | \\

(L knee slightly bent) while swinging arms (straight) in front (hips level)
\end{tabular}

Note: You may shout: Trei (means «Three ») on cts 1-4.

Meas. Count Figure 2 (continued)
$14 \quad$ 1-2 Step bkwd on L while swinging arms up in W position
3-4 Step on R near L
5-6-7 Step bkwd on L
15 Repeat measure 6 with opp ftwk (starting step bkwd on R)
16 1-2 Lift on R heel while raising $\mathrm{L} f \mathrm{ft}$ in front, making reverse bicycle (bent knee $45^{\circ}$ )
3-4 Touch (stamp) with L heel (no wt) near R
5-6-7 Step on $L$ in place

## Figure 3

$1 \quad$ 1-2 Lift on $L$ heel while start swinging arms down
3-4 Step on R to the right while arms still moving down
5-6-7 Step on L across in front of R while arms moving bkwd
2 1-2 Facing slightly right, step on R to the right while bringing arms up in W pos.
3-4 $\quad$ Step on L near Rft
5-6-7 Step on R in place
3 1-2 Facing center, step on $L$ in place
3-4 Step on R in place
5-6-7 Step on $L$ in place
4
1-2 Facing slightly right, step on R in place
3-4 Step on $L$ in place
5-6-7 Step on R in place
5-8 Repeat measures 1-4 with opp ftwk and direction (starting lift on $R$ heel)
$9 \quad 1-2 \quad$ Lift on $L$ heel while raising Rft in front slightly diag. to the right (bent knee $45^{\circ}$ )
3-4 Standing on $L$, touch with $R$ heel diag. to the right (no wt), $R$ leg extend straight
5-6-7 Standing on $L$, touch with $R$ heel in front (no wt) and keeping $R$ leg extend
$10 \quad 1-2 \quad$ Small step on R slightly to the right
3-4 Step on L in place
5-6-7 Very small step on $R$ slightly to the right
11-12 Repeat measures 9-10 with opp ftwk and direction
13 1-2 Lift on $L$ heel while raising $R \mathrm{ft}$ in front (bent knee $45^{\circ}$ )
3-4 Touch (stamp) with R heel (no wt) near L
5-6-7 Step on R in place
Meas. Count Figure 3 (continued)

14 | $1-2$ | Lift on R heel while raising $L$ ft in front (bent knee $45^{\circ}$ ) |
| :--- | :--- |
| $3-4$ | Touch (stamp) with $L$ heel (no wt) near R |
| $5-6-7$ | Step on $L$ in place |

15 1-2 Échappé (small jump on both feet, ft apart) 3-4 Jump in place and bring ft together 5-6-7 Échappé
$16 \quad 1-2 \quad$ Jump in place and bring ft together
3-4 Échappé
5-6-7 Jump in place and bring ft together

F3: On the last measure of the dance, jump in place and bring ft together (cts 1-2), no action on cts 3-7.

## Final pattern:

$(\mathrm{F} 1+\mathrm{F} 2+\mathrm{F} 1+\mathrm{F} 3) \times 3+$
$\mathrm{F} 1+\mathrm{F} 2+\mathrm{F} 1+\mathrm{F} 3$.

