

Circular

From Brazil

Presented by Sonia Dion & Cristian Florescu

Formation: Individuals in circle

Position: facing center, free hands

Pronunciation: seer-coo-LAHR

Music: *Sonia & Cristian International*, Band 3

Originally presented by Lucia Cordeiro

Meter: 4/4

Description of *Circular*

Meas. Count

Introduction

No action (Start the dance when full band begins)

Figure 1 (*Grapevine*) (Moving LOD)

- | | | |
|------------|---|---|
| 1 | 1 | Step L across in front of R ft while raising straight arms up (twd sky) in front, palms can be facing up or down. |
| | 2 | Step on R to the right |
| | 3 | Step on L behind R ft and bringing arms down |
| | 4 | Step on R to the right and sway arms slightly bkwd |
| 2-4 | | Repeat measure 1 three more times (4 in total) |
| 5-7 | | Repeat measure 1-3 , but arms movement become free and optional |
| 8 | | Still moving LOD, do a full turn CW with three steps (starting with L ft) |

Figure 2 (*Circular*)

- | | | |
|----------|----|-------------------------|
| 1 | 1 | Step fwd on R |
| | & | Step on L near R ft |
| | 2& | Step fwd on R |
| | 3 | Step fwd on L |
| | & | Step on R near L ft |
| | 4& | Step fwd on L |
| 2 | | Repeat measure 1 |

Note: measures **1-2** = four *two-step* (Samba style) twd center.

Meter: 4/4

Description of *Circular* (continued)

Meas. Count **Figure 2** (continued)

3 Do four steps bkwd starting with R, end both ft apart and parallel.

4 *Circular*: hips swing one full circle (CCW), start out to L, back, to the right, etc.

Note: Take wt completely onto L on ct 4

5-8 Repeat measures **1-4**

Figure 3 (Free style, improvisation)

1-8 Dancers move freely with two-step or walking step or other steps. Change places, spinning, etc. Spirit of Brazilian carnival!

Note: At the end of measure **8**, dancers re-form the circle (facing center) and repeat figure 2.

Final pattern:

(F1 + F2 + F3 + F2) x 2 + F2.

Described and presented by Sonia Dion & Cristian Florescu, 2013

Song for Circular

É circular a imensidão, é circular
É circular da palma da mão, é circular
A solidão, o silêncio, a partida,
O sim e o não, o cordão grão da vida
E a missão de chegada e saída, é circular

É circular a folha no vento, é circular
É circular o tamanho do tempo, é circular
O novo, a mãe, coraçã som da vida
life
E o girassol, a leitura do disco
E a visão da maior das estrelas, é circular

A semente da terra é, serpentina e chaminé
A aldeia da gente, Pajé, Presidente, é circular
Brincadeira de roda é, a tendência da moda é
Adormece e acorda o mundo dá volta, é circular

Circular pelas rodas de samba
Assim como faziam os nossos pais
E ter cada vez mais a certeza
Da canção que ouvi há tempos atrás

A saia da Baiana é, o pandeiro e o cafuné
A sequência da lua que muda a figura, é circular
A dor de cotovelo é, a palmilha que encaixa o pé
Sendo fraco ou forte a vida e a morte, é circular

The immensity is circular, it is circular
The palm of your hand is circular, it is circular
Loneliness, Silence, Departure
Yes and no, the stringed grain of life
And the mission of arriving and leaving, it is circular

Circular is the leaf in the wind, it is circular
Circular is the length of time, it is circular
The new, the mother, the heart sound of

The sunflower, the reading of a record
And the vision of the largest star, it is circular

The seed of the earth is, serpentine and chimney
Our village, the witch doctor, the President, is circular
Playing ring-around-a-rosy is, the trend of fashion
Sleeping and waking, the world going round, is circular

To circulate in the samba circle
Like our parents used to do
And to be ever more certain
Of the song I heard in the past

The Baiana's skirt is, the tambourine and gentle
stroking of one's head
The sequence of the moon that changes its
shape is circular
Jealousy is the inner sole that encloses the foot
being weak or strong, life and death is circular.