

## Arnăuta

Dance of the Albanian community (Romania)  
Presented by Sonia Dion and Cristian Florescu

**Formation:** open mixed circle

**Position:** facing center, hands joined up in W position

**Pronunciation:** ahr-nah-OO-tah

**Music:** *Sonia & Cristian International*, Band 1

*Arnăuta* is a freestyle dance with two patterns done at the whim of the leader.  
Style is bouncy with slightly bent knees.

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Meter: 2/4

Description of *Arnăuta*  
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Meas.

### Introduction

**1-8** No action

### Figure 1 (Moving LOD)

<b>1</b>	1	Step on R to the right
	2	Cross L in front of R
<b>2</b>	1	Step on R to the right
	2	Touch with L ball of ft near R, slightly in front
<b>3</b>	1	Step swd on L to the left
	2	Touch with R ball of ft near L, slightly in front

Repeat measures **1-3** as many times as the leader decides.

### Figure 2

<b>1</b>	1&	Step on R to the right slightly diag. in front
	2	Step on L ball of ft crossing behind R ft
	&	Step on R in place
<b>2</b>	Repeat measure <b>1</b> with opp. ftwk (starting L ft)	
<b>3</b>	1&	Step on R to the right
	2&	Cross L in front of R

Repeat measures **1-3** as many times as the leader decides.

Note: Eliminate measure 3 of figure 2 when changing from figure 2 to 1.

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### Final Pattern:

Do the two figures according to the leader.

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