

POLKA PIQUÉE

(Brittany - France)

This type of dance is quite common in Upper Brittany as well as other regions of France and Western Europe. It is a form of «heel n' toe» polka and incorporates circle and cpl figures.

Music: Yves & France Moreau CD
Rhythm: 2/4
Formation: Couples. W on M's R joining hands (down at sides) in a large closed circle. Face L of ctr (RLOD), wt on R ft.

Meter 2/4

Description

No introduction. First time let 2 measures of chorus go by then start.

- 1-8 • **Chorus step (done between each fig.)**
Facing RLOD (L of ctr) and travelling CW, everyone does 8 travelling «two-steps» or polka-steps beg with L ft (L-R-L, R-L-R etc.). The arms are at shldr height on the odd cts and down at sides on the even cts.
- 1 **1. Polka step out and in**
Still joining hands in a circle and facing L of ctr, touch L heel out to L (1), "flick" (retract) L ft sharply behind R calf (2)
- 2 Do a large "two-step" L-R-L twds outside of circle
- 3-4 Same pattern as in meas. 1-2, with reverse direction and ftwrk
- 5-8 Repeat pattern of meas 1-4
- 1-8 **2. Polka step out and in (individually)**
Same ftwrk as in meas 1-8, Fig. 1, but do not join hands with neighbours in the circle. Instead, M hold own lapels of vest (or pretend) and women hold own dress or skirt (or pretend).
- 1-8 **3. Polka step out and in, facing ptrnr**
Same ftwrk as in Fig. 2, but on meas. 8 of chorus travel step, M turn CW to face ptrnr so that polka step is done sliding away from ptrnr. M must get back into circle facing L of ctr on last slide step to be ready for chorus step (and joining hands with neighbours).
- 1-8 **4. Polka step trading place with ptrnr**
Same ftwrk as in Fig. 3. M also turn CW to face ptrnr on last chorus travel step, then give two hands to ptrnr, holding hands firmly. Both W and M slide sideways (to L) sharply to exchange places with ptrnr on meas 2 and then back to place on meas. 4
- Repeat dance from beginning.
Repeat Chorus and Fig 1.

Presented by France Bourque-Moreau