

# LA LAINE DES MOUTONS

(Québec - Canada)

A traditional song popular in France and Quebec in 3/4 waltz meter. It is an action-song where the dancers "mime" the actions connected with producing wool.

**Meter:** 3/4  
**Music:** Yves and France Moreau CD  
**Formation:** One or more closed circles (mixed) . Hands in V pos. Face LOD with wt on L. Can be done in concentric circles - second circle would move left starting with L foot. Sways would be to L then R.

Meter: 3/4	Description
<b>Introduction:</b>	4 meas. No action
	<b>1. Chorus step</b> (travelling)
1-8	Everybody in the circle moves LOD with little waltz steps starting with R ft.
	<b>2. «Tondons»</b> ("shearing")
1-2	With R hand do a motion of cutting sheep's wool with shears (big scissors)
3-4	Do same motion with L hand
5-8	Repeat meas. 1-4
9-10	Facing ctr, sway to R, sway to L.
11-12	Repeat meas 9-10.
	<i>Do Fig 1 : Chorus step</i>
	<b>3. «Lavons»</b> ("washing")
1-8	With both hands, do a motion of washing sheep's wool on washboards
9-12	Sway R and L as in Fig 2 meas 9-12.
	<i>Do Fig 1 : Chorus step</i>
	<b>4. «Cardons»</b> ("carding")
1-8	Do a motion of carding (combing) sheep's wool
9-12	Sway R and L as in Fig 2 meas 9-12.
	<i>Do Fig 1 : Chorus step</i>
	<b>5. «Filons»</b> ("spinning")
1-8	Do a motion of spinning sheep's wool with spindle
9-12	Sway R and L as in Fig 2 meas 9-12.
	<i>Do Fig 1 : Chorus step</i>
	<b>6. «Tissons»</b> ("weaving")
1-2	With R hand do a motion of pushing "shuttle" through loom and then pull loom twds you with both hands and repeat
3-4	Do same motion with L hand
5-8	Repeat motion of meas 1-4
9-12	Sway R and L as in Fig 2 meas 9-12.
	<i>Do Fig 1 : Chorus step</i>
	<b>7. «Vendons»</b> ("selling")
1-8	Do a motion of offering wool for sale with both hands to R and to L
9-12	Sway R and L as in Fig 2 meas 9-12.
1-18	After doing all those actions : The remaining waltz instrumentals can be used to waltz around the room either as a line, alone or in cpls. At Lyrids, two leaders in each circle led lines around the room. Leaders were chosen before the dance.
	<b>Presented by France Bourque-Moreau</b>