

BELČOVA TROPANKA

Белчова Тропанка

(Dobrudža, Bulgaria)

One of the many variations on the dance *Tropanka*, widespread throughout Dobrudža in Northeastern Bulgaria. *Tropanka* means «stamping dance». This version is from the region of Devnja near Varna and has an interesting structure of 15 meas. Learned from Belčo Stanev.

Pronunciation: BEHL-cho-vah TROH-pahn-kah
Music: Yves Moreau CD
Rhythm: 2/4
Formation: Open circle or lines. Hands joined down at sides.
Face LOD, wt on L ft.
Style: Earthy

Meter 2/4

Pattern

1-8 Slow bagpipe music then regular tempo with drum. No action.

Basic Figure

1 Facing ctr, quick low stamp with R ft next to L, no wt (1), another quick low stamp with R ft next to L with R ft turned out, toes pointing LOD, no wt (2)
2 Travelling in LOD, step fwd on R (1), hold (2)
3 Still travelling in LOD, step fwd on L (1), hold (2)
4 Step fwd on R (1), quick step on L closing behind R (2)
5 Quick step on R fwd (1), hold (2)
6 Facing ctr, step fwd on L (1), hold (2)
7 Step back onto R (1), hold (2)
8 Step fwd on L (1), quick step fwd on R closing behind L (2)
9 Step fwd on L (1), quick stamp on R beside L ft, no wt (2)
10 Step back onto R ft (1), light lift onto R (2)
11 Step on L to L (1), close R ft quickly to L ft (2)
12 Step on L to L (1), hold (2)
13 Step on R across L (1), hold (2)
14 Step on L to L (1), hold (2)
15 Stamp R ft next to L, no wt, slightly turned out (1), hold (2)

Note: At the end of the dance, keep stamping R ft next to L (9 stamps in place), until end of music

Dance repeats from beginning