

Tsyganochka - Цыганочка

(Gypsy dance from Russia)

This dance is a traditional dance of the Roma people who live in Moldova. This dance is choreographed by George and Irina Arabagi.

Pronunciation: tsih – GAH –nohch - kah

Music: 2/4 meter *Ukrainian & Moldavian Dance Workshop, Track 5*

Formation: Mixed circle, facing CCW.

Steps & Styling: Promenade with Slap: Steps R, L, R fwd (cts 1, &, 2). Slap L heel with L hand in the back while raise R arm above head (ct &). This is then repeated with opp ftwk and arms.

Step/Snap: Step on ball of R to R, arms in W-pos (ct 1); step L to R while turning R heel inside, moving elbows down with snapping fingers (ct &).

Meas 2/4 Pattern

4 INTRODUCTION: No action.

FIGURE I

1-3 Do three Promenade with Slap.

4 Do one Promenade with Slap in place making a half-turn CCW.

5-8 Do four Promenade with Slap moving CW. Ending face ctr.

FIGURE II

1-3 Do seven Step/Snap, making a small individual CW circle.

4 Do one Step/Snap (cts 1, &), step R to R (ct 2), slap L heel with R hand in front (ct &).

5-8 Repeat meas 1-4 with opp ftwk and direction.

FIGURE III

1 Step R to R (ct 1); step L next to R (ct &); step R to R (ct 2); kick L fwd (ct &), arms are in W-pos and snapping.

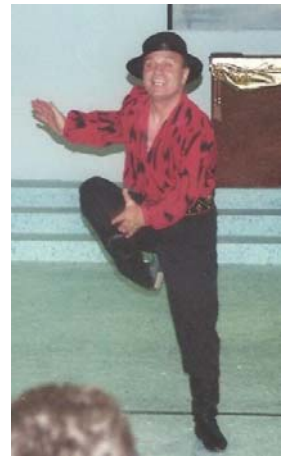
2 Repeat meas 1 with opp ftwk.

3 With arms bent, palms facing fwd beside head, step R in place (ct 1), stamp L heel next to R slightly fwd without wt, bending body to L (ct &); step L in place (ct 2); stamp R next to L slightly fwd without wt bending body to R (ct &).

4 Step R heel fwd (ct 1); clap hands together putting wt on entire R foot (ct &); step L next to R, extending arms out to the sides with palms facing out, bending both knees (ct 2); hold (ct &).

5-8 Repeat meas 1-4.

Sequence: Fig I, Fig II, Fig III – total three times, Fig III



Presented by George & Irina Arabagi