

TSIFTETELI TOURKIKO

(Greece)

Music by Eleftheria Arvanitaki. Choreography by Roberto Bagnoli, based on dance elements from the greek islands.

Music: CD: Ethnic Festival 2010 - Roberto Bagnoli

Rhythm: 2/4

Formation: Mixed open circle, holding hands low

Pattern

4 meas Introduction. No action. Dance starts with singing. Begin with wt on L foot.

Figure 1 - Syrtos (hands joined in V pos)

- 1 Face center, Step on R to R (1), step on L across behind R (2), step on R to R (&
- 2 (optional quick hop on R), Step on L across in front R (1), step (or leap) on R to R (2), step on L across in front R (&
- 3 Moving LOD, 2 skipping steps: hop on L (1), step R fwd (&), hop on R (2), step L fwd (&
- 4 Repeat meas 3
- 5-12 Repeat meas 1-4 two more times

Figure 2 - Balance (hands free, raised high and rotating at wrists)

- 1 Step on R to R (1), step on L across behind R (2), step on R in place (&
- 2 Repeat meas 1 with opp ftwk
- 3 Shifting weight from R ft to L ft alternately, start a complete turn CCW in place: turning ¼ to L, step R twd ctr (1), step L in place (&), turning ¼ to L, step R (2), step L in place (&
- 4 Repeat meas 3 to complete CCW turn
- 5-8 Repeat meas 1-4

Figure 3 - Crossing (hands on shoulders)

- 1 Moving to L, step on R crossed in front of L (1), step on L to L (&), step on R crossed in front of L (2), step on L to L (&
- 2 Step on R crossed in front of L (1), step on L to L (&), step on R crossed in front of L (2), small hop on R, bringing L in front (&
- 3-4 Repeat meas 1-2 with opp ftwk
- 5 Repeat meas 2
- 6 Repeat meas 5 with opp ftwk
- 7 Repeat meas 5
- 8 Jump on both feet with L crossed in front and close to R of R (1), bending knees, jump back on both feet, keeping feet crossed, straightening knees (2)

Extra - Syrtos w/step-touch (hands joined in V pos)

- 1 Facing ctr, step on R to R (1), step on L behind R (2), step on R to R (&
- 2 Step on L in front R (1), step on R to R (2), step on L in front R (&
- 3 Turning to face LOD, step on R fwd (1), touch L close to R (2)
- 4 Step on L fwd (1), touch R close to L (2)
- 5-28 Repeat meas 1-4 six more times

Sequence: 1 - 2 - 3 - 1 - 2 - 3 - 1 - 2 - extra - 3

Presented by Roberto Bagnoli

Lyrics

Siko Xorepse Koukli Mou
Na Se Do, Na Se Xaro
Tsifteteli Tourkiko (ninanai)
Tsifteteli Tourkiko (opa ninai)

Mia Fora Monaxa Zoume
Mes Ton Pseftiko Ntounia
Prepei Ligo Na Xaroume (ninanai)
Prepei Ligo Na Xaroume (opa ninai)

Tha Sou Tragoudiso Pali
Ton Asikiko Xoro
Kouna Ligo To Kormi Sou (ninanai)
Kouna Ligo To Kormi Sou (opa ninai)

Presented by Roberto Bagnoli