## Veselukha

(Russia)

Source: Alexandru David learned Veselukha from Alexander and Marina Kalinin, former

dancers of the Beryozka Ensemble and the Moiseyev Ensemble.

Pronunciation: Veh-zeh-LOO-kah

Recording: Barinya Russian Folk Dance CD

Formation: circle dance, mixed

## Meas Introduction

Start dance immediately

- Facing centre, hands on waist, heels together, toes apart, bend knees, raise shoulders, look R (ct 1), straighten knees, lower shoulders, look centre (ct 2)
- 2 Repeat meas 1, looking L
- 3-12 Repeat meas 1-2, five more times

Travel LOD

- Facing & moving LOD, step R crossing arms to L at waist height (ct 1), brush L (ct 2)
- Repeat meas 13 with opposite footwork crossing arms to R
- 15-24 Repeat meas 13-14 with increasing speed Chorus of voices signal change to Figure 1

Figure 1: A

- Facing & moving LOD, step R crossing arms to L (ct 1), chug R bringing L knee up in front (ct 2)
- 2 Repeat meas 1 with opposite footwork crossing arms to R
- 3 Step R crossing arms to L (ct 1); step L (ct 2) crossing arms to R (Walk walk)
- 4-12 Repeat meas 1-3, three more times

First time, skip B part of Figure 1; solo voice signals change to Figure 2

Figure 1: B

Left hand on waist, R hand on R shoulder of person ahead

- 13 Step R (ct 1), scuff L (ct &), hop on R (ct 2)
- Repeat meas 13 with opposite footwork
- 15 Step R (ct 1), step L (ct 2) (Walk walk)
- 16-18 Repeat meas 13-15

Finish Figure 1 facing centre with hands on waist

Figure 2: A

- Facing ctr, opening arms in front, and looking to R, step R ft to R bending knees (ct 1), step on ball of L ft behind R straightening knees (ct 2) (down, up)
- 2-5 Repeat meas 1, four more times
- 6 Bringing hands to waist and looking ctr, step R ft in place (ct 1), step L ft in place (ct 2)
- 7-12 Repeat meas 1-6

Figure 2: B

- Opening arms in front, stamp R ft fwd towards ctr (ct 1), pause (ct 2)
- 14 Hold
- 15 Bringing hands to waist, step R ft in place (ct 1), step L ft in place (ct 2)
- 16-18 Repeat meas 13-15

Figure 3: A

- 1-6 Repeat Figure 2A meas 1-6, turning one complete turn to R during meas 1-5
- 7-12 Repeat meas 1-6

Figure 3: B

Face LOD, L hand on waist, R hand on R shoulder of person ahead

- 13 Step on R heel (ct 1), close L to R (ct &), step R (ct 2)
- Repeat meas 13 with opposite footwork
- 15 Leap R ft (ct 1), leap L ft (ct 2)
- 16-18 Repeat meas 13-15

Sequence: Intro - 1A - 2AB - 3AB - 1AB - 2AB - 3AB - 1AB - 2AB - 3AB - 1AB - 2AB - 3ABB Ending: Figure 3B meas 18: Turn to face centre, step R ft (ct 1), place L ft in front (ct 2)