

**Hora din Neruja**  
(Vrancea Mountains, Romania)

Source: Alexandru David  
Pronunciation: Hoh-rah din nuh-ROO-juh  
Recording: Village dances of Romania CD Volume 4  
Music: 2/4  
Formation: open circle, hands in W position

Meas    Introduction  
No introduction

Figure 1

- 1 Facing LOD and moving to R: step R fwd (ct 1), step L fwd (ct 2)
- 2 Repeat meas 1
- 3 Turn to face ctr, slide R ft to R (as if gliding on skates) (ct 1), pause (ct 2)
- 4 Repeat meas 3 with L ft to L
- 5 Slide R ft into the centre (ct 1), pause (ct 2)
- 6 Moving bkws away from centre, step L (ct 1), step R (ct 2)
- 7 Repeat meas 6
- 8 Turning to face LOD, step back on L ft (ct 1), stamp R ft beside L ft (ct 2)

Repeat Figure 1 to end of music.