

Hemsin Horon

(Turkey)

Pronunciation: Hem-sheen Hoh-rohn-oo
Recording: Workshop CD
Formation: Open circle with "W" hold
Music: 2/4

Introduction: Long introduction, then descending scale, then wait 1 measure (2 beats)

Meas Figure 1 (Basic)

- 1 Facing center, step R to R (ct 1), step L behind R (ct 2)
Arm movement: Reach hands fwd and down (ct 1), reach hands back (ct 2), bring hands back to W for measures 2-5
- 2 Step R to R (ct 1), touch L in place (ct 2), or step R-L-R in place (cts 1 & 2)
- 3 Step L in place (ct 1), touch R in place (ct 2), or step L-R-L in place (cts 1 & 2)
- 4 Repeat meas 3 with opposite footwork
- 5 Repeat meas 3

Transition to Figure 2

- 1-3 Same as Figure 1 meas 1-3

Figure 2

- 1 Step fwd on R (ct 1), step fwd on L (ct 2)
- 2 Stamp R ft beside L (ct 1), swinging arms fwd and down (ct 2)
- 3 Step bkwd on R swinging arms back (ct 1), step bkwd on L swinging arms fwd (ct 2)
- 4 Lean back on R ft swinging arms down (ct 1), step L in place swinging arms up (ct 2)

Figure 3A - moving RLOD

- 1 Step back on R ft (ct 1), step on L to L (ct 2)
- 2 Step fwd on R ft and clap (ct 1), step on L to L and clap (ct 2)

Figure 3B - double clap (when to change from 3A to 3B is personal preference)

- 1 Same as Figure 3A meas 1
- 2 Same as Figure 3A meas 2 with double clap on ct 1

Sequence (use musical cues to change figures):

- Figure 1 9x
Transition (singing ends after this)
Figure 2 4x (4th measure is cut the last time)
Figure 3A ~6x, Figure 3B ~4x (10 times altogether)
Figure 1 7x
Transition (singing ends after this)
Figure 2 4x (4th measure is cut the last time)
Figure 3A ~6x, Figure 3B ~4x (10 times altogether)
Figure 1 7x
Transition (singing ends after this)
Figure 2 4x (4th measure is cut the last time)
Figure 3A ~2x, Figure 3B ~2x as music fades out

Presented by Stephen Kotansky