

# Cadâneasca

(Dobrogea, Romania)

Source: Alexandru David  
Pronunciation: kah-deh-NEAHS-kuh  
Recording: Village dances of Romania CD Volume 4  
Music: 9/8 with structure QQQS, 2+2+2+3, counts 1-2-3-4  
Formation: circle dance, hands in V hold, mixed

Meas    Introduction

Start dance immediately, no introduction.

Figure 1 (small CCW circle)

- 1 Face LOD, step R fwd (ct 1), step L beside R (ct 2), step R fwd (ct 3), step L fwd (ct 4) turning toward ctr
- 2 Facing slightly R of ctr and moving twd ctr slightly, step R in front of L (ct 1), step L to L (ct 2), step R in front of L (ct 3), step L to L (ct 4)
- 3 Facing slightly L of ctr and moving bkwd from ctr slightly, repeat meas 2
- 4 Facing ctr and moving bkwd to original place, step R bkwd (ct 1), step L bkwd (ct 2), step R bkwd (ct 3), step L next to R (ct 4)
- 5-8 Repeat meas 1-4

Figure 2 (bounce)

- 1 Facing ctr, step on R while lifting L in front with straight knee (ct 1), holding L in front, hop slightly on R ft three times (cts 2-4)
- 2 Repeat meas 1 with opposite footwork
- 3-4 Repeat meas 1-2

Figure 3 (Quick stepping in place)

- 1 Facing ctr, step R in place (ct 1), quick step L in place (ct &), quick step R in place (ct 2), step L in place (ct 3), step R in place while lifting L off ground (ct 4)
- 2 Repeat meas 1 with opposite footwork
- 3-4 Repeat meas 1-2

Figure 3 Variation (Quick stepping in place with slap R in front)

- 1 Same as Figure 3 meas 1
- 2 Repeat meas 1 with opposite footwork
- 3 Repeat meas 1, cts 1-3, slap R in front with straight knee (ct 4)
- 4 Repeat meas 3

Figure 4 (double reel steps)

- 1 Facing ctr, hop on L (ct 1) while bringing R foot around in an arc, step R very close behind L (ct 2), step L fwd (ct 3), step R very close behind L while lifting L ft (ct 4)
- 2 Repeat meas 1 with opposite footwork, hopping fwd on R ft (ct 1)
- 3 Repeat meas 2 with opposite footwork
- 4 Repeat meas 2
- 5-8 Repeat meas 1-4

Figure 4 Variation (double and single reel steps)

- 1-2 Same as Figure 4 meas 1-2
- 3 Hop L ft fwd (ct 1) while bringing R ft around in an arc, step R very close behind L (ct 2), hop R ft fwd (ct 3) while bringing L ft around in an arc, step L very close behind R (ct 4)
- 4 Repeat Figure 4 meas 3 (same as Figure 4 meas 1 hopping fwd on L ft for ct 1)
- 5-8 Repeat meas 1-4 with opposite footwork

Sequence: 1, 2, 3, 4, 1, 2, 3 Variation, 4 Variation, 1, 2, 3 Variation.