

Brâul Voinicesc (Romania)

Source: Alexandru David
Pronunciation: BREWL voyn-ee-CHEHSK
Recording: Village dances of Romania CD Volume 5
Music: 4/4
Formation: circle dance, belt hold or V hold, start dance with left foot, mixed

Meas Introduction

Start dance immediately, no introduction.

Figure 1 (promenade - cutting pie starting with L foot)

- 1 Facing slightly R of ctr, step L fwd (ct 1), step R fwd (ct 2), step L fwd (ct 3), touch R toe next to L while pivoting L heel to R (ct 4)
- 2 Repeat meas 1 with opp footwork, moving bkwd away from ctr but progressing slightly R in LOD
- 3-8 Repeat meas 1-2 three more times. Put weight on L foot on last count (meas 8, ct 4).

Figure 2 (syncopated steps - lift, R - heel, L, R - heel, L, R - heel, L, R, L)

- 1 Lift and stomp L heel in place (ct &), stomp R beside L (ct 1), touch L heel in front (ct 2), step L in place (ct &), step R beside L (ct 3), touch L heel in front (ct 4), step L in place (ct &)
- 2 Step R beside L (ct 1), touch L heel in front (ct 2), step L in place (ct &), step R beside L (ct 3), step L beside R (ct &), hold (ct 4)
- 3-8 Repeat meas 1-2 three more times. On last count of measure 8, touch L beside R so L foot is ready for Figure 1

Figure 3 (heels)

- 1 Facing R of ctr, moving in LOD, step R heel to R (ct 1), step L behind R ft (ct &), repeat cts 1,& two more times (cts 2, & 3, &), step R beside L while turning to face RLOD (ct 4)
- 2 Facing L of ctr, moving in RLOD, repeat meas 1 with opposite footwork
- 3 Facing centre, step R to R (ct 1), stamp L beside R (ct &), step L to L (ct 2), stamp R beside L (ct &), step R in place (ct 3), step L in place (ct &), step R in place (cts 4)
[variation for cts 3 & 4: step R in place (ct 3), stamp L in place (ct &), stamp L in place (ct 4)], leave wt on R ft
- 4 Repeat meas 3 with opposite footwork
- 5-8 Repeat meas 1-4. On last count, stamp L in place (meas 8, ct 4) so L ft is ready for Fig 1

Figure 4 (clicks)

- 1 Facing ctr and moving RLOD, lift L foot while raising R foot up with knee bent & pointing heel to R preparing for click (ct 1), sharp click R to L ankle, shifting wt to R (ct &), step L to L (ct 2), click with R, shifting wt to R (ct &), repeat cts 2,& (cts 3,&), step L to L (ct 4)
- 2 Repeat meas 1, cts 1,&, step L to L (ct 2). Repeat meas 2, cts 1,&,2 (cts 3,&,4)
- 3-8 Repeat meas 1-2 three more times. On last count, stamp L next to R (meas 8, ct 4) leaving wt on R ft so L foot is ready for Figure 1

Figure 5 (crossing and final slap)

- 1 Facing ctr and moving toward center, stomp with L heel in place (ct 1), step R fwd and across L (ct &), step L fwd but behind R ft (ct 2), step R diag R fwd (ct &), step L fwd but behind R ft (ct 3), step R fwd (ct &), step L fwd but behind R ft (ct 4)
- 2-3 Repeat meas 1 two more times
- 4 Hop on L foot (ct 1), bring R behind L with an arc and step on R (ct &), step L in place (ct 2), step R in place (ct &). Leap onto L landing in R foot's place while raising R foot with knee bent preparing to slap (ct 3), slap R in front with straight knee (ct 4)

Sequence: Figures 1, 2, 1, 3, 1, 4, 1 (only 4 measures), 5