

Agir Bar

(Turkey)

Agir means slow. This is a slow dance from North Eastern Turkey.

Pronunciation: Ahr bahr
Recording: Workshop CD
Formation: Open circle with "W" hold
Music: 4/4

Introduction: No introduction, or wait out first instance of Figure 1

Meas Figure 1 (Basic Form)

- 1 Facing slightly R of center, step R to R (ct 1), step L across and in front of R (ct 2), step R to R (ct 3), touch L next to R (ct 4)
 Arm movement: "W" hold, windshield wipers motion, move both arms to R for cts 1 and 3, move both arms to L for ct 2, keep both arms to R for the touch step ct 4
- 2 Facing center, step L bkwd (ct 1), step R bkwd (ct 2), step L bkwd (ct 3), touch R next to L (ct 4)
 Arm movement: "W" hold, move both arms to L for cts 1 and 3, move both arms to R for cts 2, keep both arms to L for the touch step ct 4
- 3-4 Repeat meas 1-2

Figure 2 (Variant Form)

- 1 Facing slightly R of center, step R to R (ct 1), step L across and in front of R (ct 2), step R to R (ct 3), step L across and in front of R (ct 4)
 Arm movement: "W" hold, windshield wipers motion, move both arms to R for cts 1 and 3, move both arms to L for ct 2 and 4
- 2 Step R to R (ct 1), touch L next to R (ct 2), step L to L (ct 3), touch R next to L (ct 4)
 Arm movement: "W" hold, move both arms to R for ct 1, keep arms to R for ct 2, move both arms to L for ct 3, keep arms to L for ct 4
- 3-4 Repeat meas 1-2

Sequence:

Figure 1 - two times
Figure 2 - one time
Alternate figures until music ends.
Note: Each figure has its own melody.

Presented by Stephen Kotansky