

# Vlasinka

(Serbia)

This dance is from southeastern Serbia.

Formation: Open circle, belt hold or V-pos.  
Styling: Light, flat footed, with knee flexes on each step.  
Music: 2/4 meter; Figures are in 12 meas sequences, but music is in 16 meas phrases.

Meas            Pattern

16 meas        INTRODUCTION. No action.

I.     FIGURE I

1            Walk two steps CCW beginning with R: Step R (ct 1); step L (ct 2).  
2-3         Repeat meas 1 twice (total of six Walking steps). End facing ctr.  
4            Small step R to R (ct 1); small step L to L of R and slightly back (ct 2);  
              step R in front of L(ct &).  
5            Repeat meas 4 with opp ftwk.  
6            Repeat meas 4.  
7-12        Repeat meas 1-6 moving CW with opp ftwk.

II    FIGURE II

1            Facing and moving CCW, step R slightly to R with slightly bent knee  
              swinging hip to R (ct 1); bring L next to R, bounce on both feet  
              straightening knees and swinging hip to L (ct 2); bounce on L ft (ct &)  
2-3         Repeat meas 1 twice. End facing ctr.  
4-6         Repeat Fig I, meas 4-6.  
7-12        Repeat meas 1-6 moving CW with opp ftwk.

III   FIGURE III

1            Facing ctr, jump onto both ft with L slightly fwd of R (ct 1); hop on R  
              bringing L ft up and behind R (ct 2); step on L behind R (ct &).  
2-3         Repeat meas 1 twice. End facing ctr.  
4-6         Repeat Fig I, meas 4-6. Note: steps become leaps, with unweighted  
              heels lifted high behind. Meas 4 faces diag L of ctr, meas 5 diag R of  
              ctr, meas 6 diag L of ctr.  
7-12        Repeat meas 1-6 moving CW with opp ftwk.

Leader calls changes. Lyrids DVD sequence: I, I, II, II, III, III, I, I, II, II, III III, I, II  
Ending: Instead of meas 12, end dance with 3 stamps (L, R, L) in place.

Presented by Miroslav "Bata" Marčetić