

# ALAYLAR - ARZU ILE KAMBER

(Northwest of Turkey)

Hora / Karsilama region from Trakya, northwestern Turkey.

- Pronunciation: Uh-ley-lahr - Ahr-zoo ee-ley kuhm-bair  
 Music: 7/8 meter: 123 – 45 – 67 (SQQ)  
 Formation: Semi-Circle, arms either in W position or on shoulders on the first part and down in V position in the fast part.  
 Steps & Styling: Semi-Circle, facing center but moving LOD.

## Meas      Pattern

INTRODUCTION: Four 7/8 measures with drums.

**FIG 1:** ARMS: Hands held in W position, facing center. Hands move forward on the S beat of each measure, then back to original position for the Q beats.

- 1 Step fwd on R (S); quick step in place on L (Q); quick step on R to R (Q)  
 2 Step fwd on L crossing in front of R ft (S); quick step in place on R (Q); quick step on L crossing in front of R ft (Q)  
 3-4 Repeat meas 1-2

**FIG 2:** Facing center, keeping hands joined

- 1 Step on R to R, bend knees (S); quick touch on L toe behind R (ct &); lift L knee up in front holding L ft behind R knee, bounce on R ft (Q); bounce on R ft (Q)  
 2 Step fwd on L (S); lift R knee high (ct &); bounce on L ft (Q); bounce on L ft (Q)  
 3 Bounce on L ft while circling R behind L (S); Quick step on R behind (ct &); Quick Step on L in place (Q); Step on R in place (Q)  
 4 Bounce on R ft while circling L behind R (S); Quick step on L behind R (ct &); Quick Step on R in place (Q); Step on L in place (Q)

Repeat FIG 1 and FIG 2, 4 times in total

**FIG 1B:** Arms down in V position, Facing LOD.  
 Same as FIG 1 but everything in running style.

- 1 Starting with Hop on L, step R fwd (S), step L behind R (Q), step R fwd (Q)  
 2 Repeat meas 1 with opposite footwork  
 3-4 Repeat meas 1-2

**FIG 2B:** Arms down in V position, Facing centre.  
Same as FIG 2 with more hops

- 1 Hop on L ft then step on R to R, bend knees (S); quick touch on L toe behind R (ct &); lift L knee up in front holding L ft behind R knee while hopping on R ft (Q); pause (Q)
- 2 Hop on R ft then step fwd on L (S); lift R knee high while hopping on L (Q); pause (Q)
- 3-4 Same as FIG 2 meas 3-4

Repeat FIG 1B and FIG 2B, 4 times in total

**FIG 3:** Facing Center, arms down in V position. Optional – shoulder hold

- 1 Step on R to R (S), lift on R (Q), then step on L across R (ct Q)
- 2 Step on R to R (S); Touch L next to R in place (QQ)
- 3 Step on L beside R (S); Touch R next to L in place (QQ)
- 4 Put feet together in place, keeping weight on L (S); hold position (QQ)

Repeat FIG 3, 6 times in total

**FIG 3B:** Everything is same as FIG 3 moving faster and with more hops

- 1 Hop on L then step on R to R (S), hop on R (Q), step L across R (Q)
- 2 Hop on L then step on R to R (S), cross L in front of R (Q), step R in place (Q)
- 3 Hop on R then step on L beside R (S), cross R in front of L (Q), step L in place (Q)
- 4 Jump Together on both feet, keeping weight on L (S); hold position (QQ)

Repeat FIG 3B, 6 times in total

**FIG 4:** Facing Center, arms down in V position.

- 1 Jump on both shldr-width apart in place (S), hop on L in place kicking R across L (QQ)
- 2 Leap on R to R (S); quick step on L across R (&) (bloop-bloop); leap on R in place and kick L (QQ)
- 3 Leap on L to L (S); quick step on R across L (&) (bloop-bloop); leap on L in place and kick R (QQ)
- 4 Jump on both together in place (S); hold position (QQ)

Repeat FIG 4, 14 times in total

**Ending:** FIG 4 meas 3-4 – On last beat of meas 3 start big jump, to land on both feet together in meas 4 for a grand finish.

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