Valle Toskerishte (Albania) (Dance of Southern Albania)

Type: Open circle, W-hold

Rythm: 4/4

Into: 4 measures, start on vocals

Style note: large steps for moving in line of direction

FC = face centre FR = face right

FDR = face diagonal right FDL = face diagonal left

Source: Andrea Kokeri, October 2015

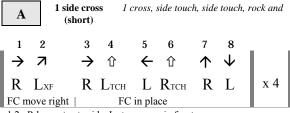
(Jim Gold Albania trip)

Music: "Te dua per vete" sung by Eli Fara

https://www.youtube.com/watch?v=er2gKE6zPDE

Jan Erasmus chart: 23 October 2015 (DRAFT)

Sequence AB AB AB knee twizels AB AB A

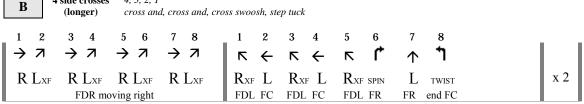


- 1,2: R large step to side, L step across in front
- 3,4: R step side letting knee bend, L touch fwd
- 5,6: L step side letting knee bend, R touch forward

4, 3, 2, 1

7,8: R step forward, L step back in place soft, smooth bounces onto bent knees

4 side crosses



- 1: R large step to side
- 2: L step across in front (foot low to floor and keep moving to right)

repeat x 4

- 1: R step across in front facing diagonal left
- 2: L step to side, with small twist to face centre
- 3.4: repeat 1,2
- 5,6: R step across, spin on R with small L flick to side to end facing right 7,8: L step forward, twist to end facing centre with R foot lifted by L ankle

twizels

4 counts

feet together, knees bend in circles with hip movement

The disclaimer:

My dance charts are not intended for originally learning a dance. They are what I prepare for my own use in remembering and teaching dances, designed to provide a visual and textual description — one that you can hold in your hand as you move through the patterns of a dance. As I say, these are my personal charts. They may not match how the dances were originally taught or how other groups dance them. A wise folk dancing friend has described such variation as the "village rule" — in our village we do it this way. These charts record dances as danced in my folkdance villages, recorded as best I am able (and even with those best efforts there may be mistakes.)

The basic chart design:

