

# VARDALI

(Northern Turkey)

Vardali is a dance from Blacksea in Horon style and from Laz culture.

Pronunciation: VAHR da loo  
 Translation: A person from the village, Varda  
 Music: 4/4 meter *Track 22*  
 Formation: Semi-Circle  
 Steps & Styling: Semi-Circle, facing center, arms down in V position.  
 Introduction: Phrase of the melody and 16 counts of drum introduction.

Meas	Pattern
	<b>Figure 1:</b> Face LOD. Arms down in V position
1	Step fwd on R and bent knees softly to the Rt (ct. 1), step fwd on L with knees straighten up (ct. 2); R and L feet are a shoe width apart when advancing; repeat cts 1-2. (cts 3-4)
2	Repeat meas 1. Turn to face center on last count. Bring arms back in preparation to swing forward on first count of Fig. 2
	<b>Figure 2:</b> Face Center. Swing Arms
1	Step R in place, swing arms fwd (ct. 1); lift L up and pump it down, swing arms back (ct. 2); Step L in place, swing arms fwd (ct. 3); lift R up and pump it down, swing arms back (ct. 4)
2	Repeat meas 3. Turn to face LOD on last count when transition back to Figure 1. When transition to Figure 3, bring arms up to W position in preparation for pushing forward (see circular motion of arms for Figure 3)
	<b>Figure 3:</b> Body always facing center. Arms in circular motion
1	Moving to RLOD, step R fwd (ct. 1), step L to L (ct. 2), step R behind L (ct. 3), step L to L (ct. 4). Arms make a circle in two counts, start to push arms forward in ct. 1, finish circle in ct. 2; push arms forward in ct. 3, finish circle in ct. 4.
	<b>Figure 3 Variation:</b> This energetic variation is optional.
1	Moving to RLOD, Jump forward with both feet, bend knees (ct. 1), leap L to L (ct. 2), leap R behind L (ct. 3), leap L to L (ct. 4). Arms motion the same as Fig. 3.

**Figure 4:** Face Center. Arms down in V position

- 1 Step R to R(ct. 1), kick L toes to diag L (ct. 2), close L to R (ct. 3), touch R heel in place (ct. 4)

**Sequence and Ending as taught at Lyrids Festival 2014**

**Sequence:** (Figure 1, Figure 2 ) 2x  
 Figure 3, 8x  
 Figure 4, 4x  
 Repeat the above 2 times, total of 3x.

When long instrumental section starts, do the following sequence:

(Figure 1, Figure 2) 2x  
 Figure 3, 9x  
 Figure 4, 4x

For the last round of music:

(Figure 1, Figure 2) 2x,  
 Figure 3, 7x

**Ending:** Do Figure 3 energetically, then place R ft down a couple of feet to the R of the L ft, bend both knees, weight on both feet, bend at waist, chest forward and shimmy with arms at sides, hold fists (music ends).

Presented by *Ahmet Lüleci* © 2011