

Pre Picior

(Serbia)

Origin: North east part of Serbia near Romanian border
 Translation: Over the foot
 Rhythm: 2/4
 Formation: Closed or open circle, arms in belt hold; L arm over, R under.
 Introduction: Use the first 8 measures as introduction and do Figure 1 one time for the 1st round.

Meas Pattern

Figure 1: Face Center, Body Sways. (Move shoulders and twist hips)

1 Step R to R (ct. 1); close L to R (ct. 2). Sway body R and L
 2-3 Repeat meas 1.
 4 Step R to R (ct. 1); bounce on R and touch/lift L (ct. 2).
 5 Step on L (ct. 1), bounce on L and touch/lift R (ct. 2).
 6 Repeat meas 4.
 7-8 Repeat meas 1-2 with opposite footwork, leaving wt on L ft at end.
 Repeat Figure 1

Figure 2: Facing Center

1 Turn body to face diag R, step on R (ct 1), hop on R and kick L out close to ground (ct 2)
 2 Hop on R (ct. 1), turn body to face diag L and step on L (ct. &), step R next to L (ct 2).
 (Hop Step Step)
 3-4 Repeat meas 1-2.
 5 Step R slight back to L (ct.1), step L in place (ct. &), stamp R in front of L (ct. 2)
 6-7 Repeat meas 5.
 8 Stamp on R in front (ct. 1), stamp on R in front (ct. 2).
 Repeat Figure 2

Figure 3: Face Center

- 1 Moving to RLOD, Cross R over L with L kick to the rear (ct. 1), Step L to L and kick R in front (ct. 2) with body rocks fwd and back.
- 2-3 Repeat meas 1
- 4 Cross R over L with L kick to the rear (ct. 1), hop on R bring L to front and kick (ct. 2)
- 5 Cross L over R (ct. 1), hop on L and kick R in front (ct. 2)
- 6 Cross R over L (ct. 1), hop on R and kick L in front (ct. 2)
- 7-8 Moving to LOD, repeat Meas 1 with opposite footwork
- 9-14 Continue to move to LOD, repeat meas 1-6 with opposite footwork.
- 15 Cross R over L with L kick to the rear (ct. 1), step L in place (ct. 2)
- 16 Close R to L (ct. 1), hold (ct. 2).(weight on L)

Figure 4: Face Center

- 1 Hop on L, lift R knee up (ct. 1), touch R heel across L (ct. 2) body lean to R.
 - 2 Hop on L, lift R knee up (ct. 1), touch R heel on the floor to the R (ct. 2) body lean to L
 - 3 Repeat meas 1
 - 4 Hop on L, lift R knee up (ct. 1), step on R and lift L up (ct. 2),
 - 5 Step L across and in front of R with L knee straight (ct. 1), step R in place (ct. 2)
“Hey, Hey”
 - 6 Step L to L with knee straight (ct. 1), step R in place (ct. 2)
“Hey, Hey”
 - 7 Bending R knee, place L in front with L knee straight, no weight (ct. 1), hold (ct. 2)
“Hey”
 - 8 Straightening knees, close L to R (ct.1), hold (ct. 2), transfer weight to L ft.
“Opsha”
- Repeat Figure 4

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