

ADI CEYRAN

(Northeast of Turkey)

An Azerbaijani style of a ladies dance from northeastern Turkey.

Pronunciation: A-dee jay-RAN

Music: Measures of 3 beats, counted as QQS. Although the music is an even 3 beats, the first two steps are rushed, so that the 3rd step is slightly longer. Ahmet sometimes refers to these beats as 1 & 2.

Formation: Semi Circle

Steps & Styling: Facing LOD for first figure, then facing center

Meas Pattern

INTRODUCTION Four complete phrases of the melody (36 beats).

FIG 1: ARMS: *Join hands in W position, or hands free with hands shoulder high*

W: Wrists turn gracefully

M: Hands in fists pointing down with bent wrists; R arm straight out to R; L arm bent with fist beside L shoulder.

1 Step fwd on R (Q); step fwd on L (Q); Step fwd on R (S)

2 Repeat meas 1 with opp footwork.

3-12 Repeat meas 1-2. Figure 1 fills 4 complete phrases of the melody (36 beats).
Last 3 beats, dance in place and turn to face center to start Fig 2.

FIG 2: Facing center; M: Back out of the circle

1 Step on R to R (Q); step on L beside R (Q); Step on R to R (S)

W: Hands move left

M: Hands start in fists behind back; then open hands out to both sides

2 Lift L up, in front of R, hold position

W: Hold hands towards left

M: Hold open hands out to both sides

3-4 Repeat meas 1-2 with opp footwork. *W: Hands move right*

5 Step back on R (Q); step back on L beside R (Q); step back on R (S)

W: Drop hands down during measure.

M: Hands in fists move to chest with elbows high.

6 Lift L crossing in front of R leaning forward, hold position

W: Hold hands bkwd

M: Hold fists on chest

- 7 Step fwd on L (Q); step fwd on R beside L (Q); step fwd on L (S)
M & W: Bring hands up and out during measure.
- 8 Lift R crossing in front of L, hold position
- 9 Turning CW 180° to face out, step in place, R, L, R (QQS), or pivot on R.
- 10 Touch L beside R and clap hands on first beat.
- 11 Turning CCW to face center, step L, R, L (QQS), or pivot on L.
- 12 Touch R beside L and clap hands on first beat.
- 13-24 Repeat meas 1-12

Turns: *W: hands start palm up; turn palms in and down, then out;*
M: arms up and out to sides with hands open, fingers up, palm out;
Both M and W clap hands at the same time as the touch.

FIG 3: ARMS: *Facing Center, arms up and free, bent from elbows;*

M: Hands open with fingers up, palm out.

- 1 Hop on L in place and touch R toe in the front, with heel turned in (Q); hop on L in place lifting R up and kicking heel out to R (Q); step forward on R (S);
- 2 Repeat meas 1 with opp footwork
- 3-6 Repeat meas 1-2 two more times
- 7-12 Repeat meas 1-2 three times, stepping back on the last beat (S) of each measure instead of forward. On very last beat, step in place (L ft) and turn to face LOD

Sequence: Repeat the entire sequence 3 times.

Ending: The 4th time through the dance, do first 4 measures of Figure 2, then

Meas 5: Run forward R, L, R (QQS)

Meas 6: Sink down on L knee, and hold hands high.

Presented by *Ahmet Luleci* © 2011